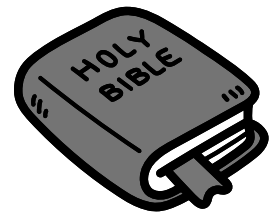




# New Year Goals

## Bible talk



The 1st of January is the first day of a brand new year. At the start of each new year most people make a 'new year's resolution'. Maybe to eat healthy, exercise, learn a new hobby - and the list goes on.

(Hold up an empty bowl)

This reminds me of the year ahead - empty, ready for new things. Meeting new people, learning a new hobby, activities and lots of fun times with family.

I want you to pretend that these cotton wool balls represent all the new things that this next year will bring. Your goal is to get all the cotton wool balls into the bowl.

(Have the children take turns to throw the cotton wool balls into the bowl - depending on numbers divide into a few teams if needed, with extra bowls.)

Discuss with the children how they have done - did they reach their goal?

Sometimes in life, we do not reach our goals. Maybe our goal is to be picked for the school football team, but that doesn't happen. Maybe you want to build the Lego set you got at Christmas, but haven't finished it yet.

God has given us a special goal to achieve. Read Philippians 3:12-14.

Our goal is to grow closer to God. This is not something that will happen straight away, it's ongoing.

(Put an empty bowl out and with each of the following suggestions throw a cotton ball into the bowl)

We can grow closer to God by (throw cotton wool ball) reading your Bible, praying, singing songs about God, telling your friends about Jesus, coming to BB, going to Church, going to Sunday School. Just like some of the cotton wool balls missed the bowl, you might try to read your Bible, but maybe you were too tired and you forgot. Don't give up - keep trying!

Pray that during this year, you will grow closer to God.

