

GOD'S MASTERPIECE – ALL ABOUT ME

David and Goliath (1 Samuel 17)

David was a young shepherd boy who wasn't the biggest, the strongest, or the most handsome like his older brothers. But he was brave and that is what mattered the most. He stood up for his home and he challenged the giant Goliath when no one else would. The King tried his best to turn him into a soldier, but he politely declined and decided to just be himself and go just as he was. He knew God was with him and he didn't need to change. In today's world social media and others around us tell us that we need to change who we are to be happy.

God has created us exactly as we need to be. We don't need to be any different to what God has made us and we should be proud of who we are, for we are fearfully and wonderfully made (Psalm 139:14) in God's image. Like David, we just need to be ourselves.

Below you will find a set of activities that are designed with friendship in mind to run either on their own or as a full night session based on the story of David and Goliath with your group.

All the resources below can also be found on the resource area as individual activities. Please also see activities based on the good Samaritan (Friendship) and the creation story (The world around us) to get the full God's Masterpiece experience.

All About Me



Anchors/Juniors



20 minutes



All About Me / Friendship



Craft

WHAT YOU NEED

- Human templates (see below)
- Colouring pens
- Pencils
- Rubbers
- Other items to decorate, i.e. googly eyes

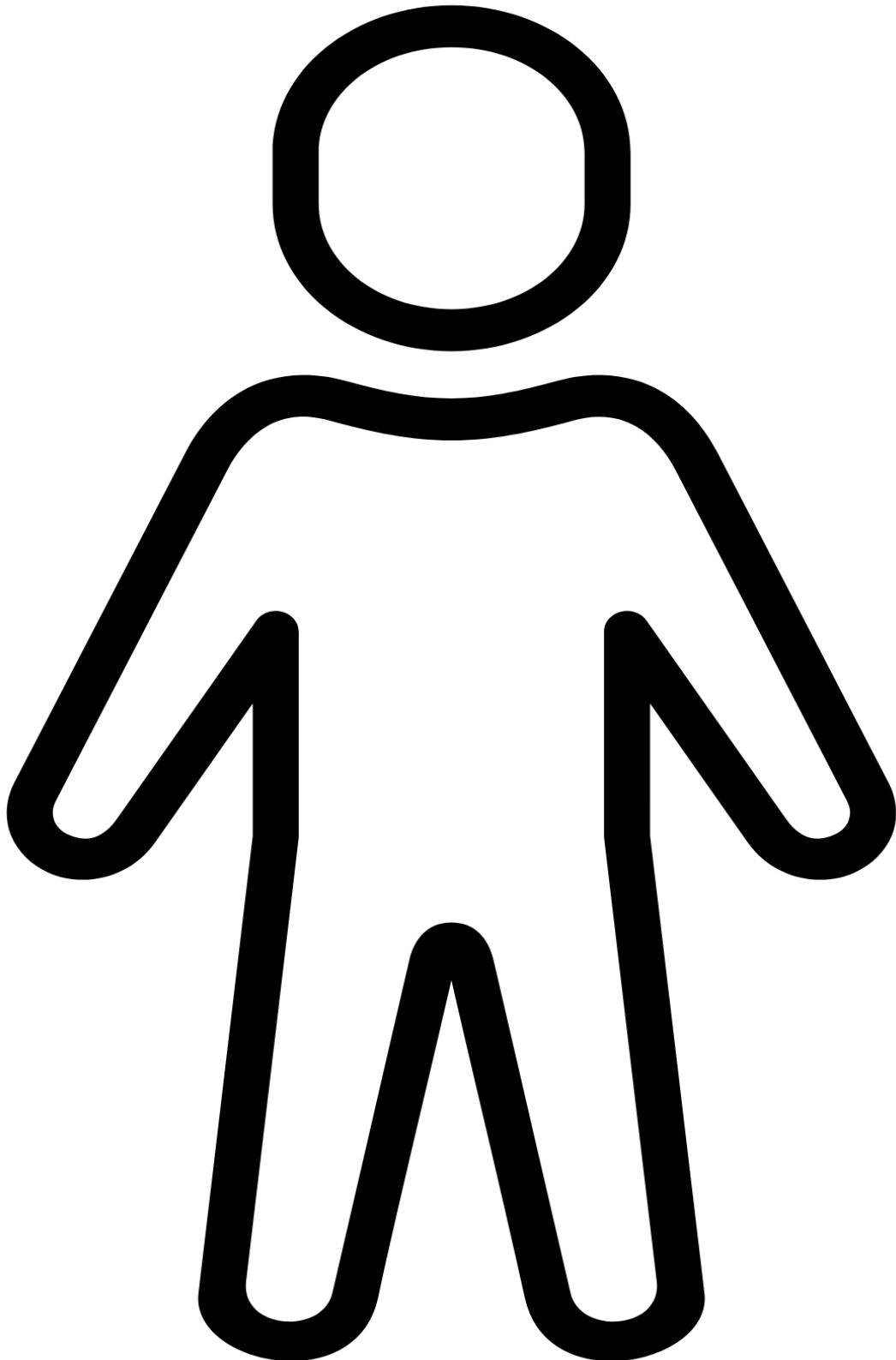
This activity will help the young people think not only about themselves, but someone else in the group promoting friendship and getting to know each other. It will encourage kind words and how we can be friendly to everyone around us, building up new friendships and having conversations about what each other likes or dislikes and commenting on how good their drawings are.

God has blessed us with different talents and skills and this activity will allow the young people to explore what they are good at and celebrate what others are good at which will help build their confidence in themselves.

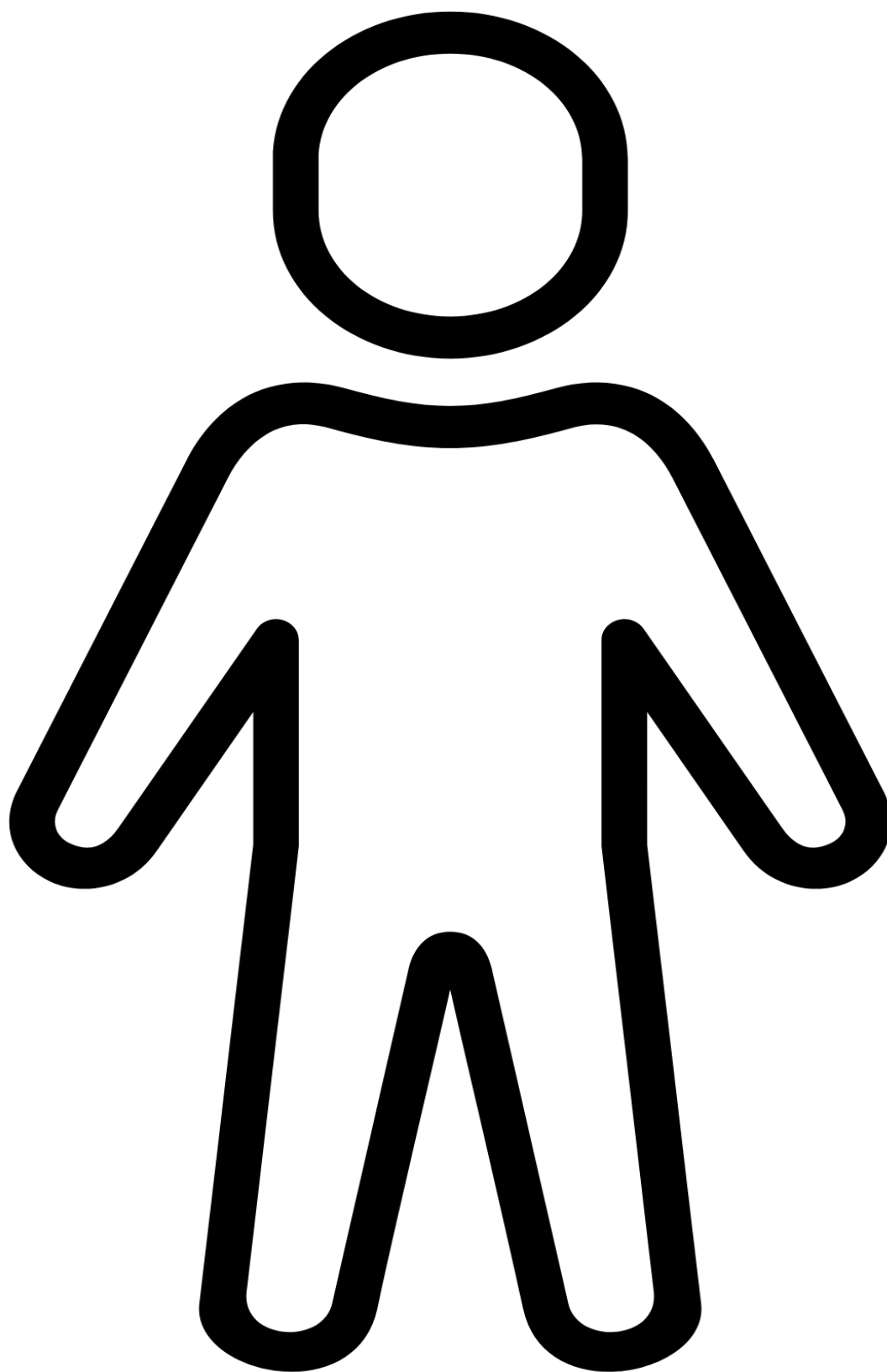
INSTRUCTIONS

1. Provide each young person with the below template that is titled All About Me.
2. Tell them to decorate it as themselves and then around the picture or on the back to draw or write things that they are good at.
3. Go around the group and share one thing about themselves that they are good at.
4. Then encourage the children to pair up with someone that is not their best friend within the group.
5. Give out the other template, All About _____ and do the same activity, only this time they must decorate the template as the person they are paired with and write or draw thing that they are good at.
6. Encourage the young people to go around and share one thing about the other person that they are good at.

THIS IS ME



THIS IS _____



Stone Painting



Anchors/Juniors



20-30 minutes



All About Me



Painting

WHAT YOU NEED

- Smooth clean stones
- White paint
- Coloured paint
- Paint brushes
- Cups of Water
- Aprons
- Plastic tarps or newspaper for tables
- A4 paper and pens

Have you ever noticed that every stone is a different shape? This is a little bit like us, we are all different and unique to God. We all have different likes, dislikes, hobbies, and talents.

In the Bible, a young boy called David used his talents as a shepherd to beat the giant Goliath using a sling and five stones. The king tried to change him into a warrior with oversized armour, but he came just as he was. This stone will remind us about David that God has given us different talents and we should be proud of them.

INSTRUCTIONS

1. Collect or buy round stones and paint them white prior to the session.
2. On the night of the activity prep the surfaces of the table and cover them in a sheet or with newspaper. Place the coloured paints into paint pots and provide cups of water to clean their brushes.
3. Encourage the young people to think about what they are good at or what is their favourite things about themselves and get them to draw it on plain A4 paper first, you could then go around the group, and they could tell each other one thing about themselves.
4. Put aprons on.
5. Paint the stones with pictures or words of things that they are good at. If they just want to make it bright and colourful this is okay too.
6. Leave them on a piece of newspaper to dry and send them home the following week.

FRUIT FACES



Juniors



15 – 30 minutes



All About Me



Baking

WHAT YOU NEED

- Variety of fruit
- Chopping boards
- Child friendly plastic knives
- Bowls
- Paper plates

This activity will give the young people in your group a chance to discuss the world around them such as where fruit comes from, how God created the world in six days and how He provided Adam and Eve with everything they needed. God does the same for us. This could tie into any healthy eating activities that the leaders carry out with the young people during the year and will encourage them to try new food that they may never have tried.

This activity will encourage conversations, working together and looking after our bodies as they make their faces using fruit. Please keep in mind any allergies and check the young people's annual consent forms.

INSTRUCTIONS

1. Sit the young people down and show them different fruits, encouraging them to guess what they are and discuss where they might come from. Then explain the activity.
2. Next the young people will wash their hands.
3. Cut up fruit together with leader supervision.
4. Make faces using the different pieces of fruit – ideas include using an orange segment for a smile, half a strawberry for a nose, and bananas or small blueberries for eyes.
5. Take pictures of each person's fruit face and a portrait picture of the young person and put them side by side for the young people to see another time.
6. Enjoy the fruit together or allow them to take them home to eat.

Gingerbread Biscuits



Juniors



15 – 30 minutes



All About Me



Baking

WHAT YOU NEED

- Pre-made gingerbread men
- Icing pens
- Sweets
- Sprinkles to decorate

We can trace all the food we have back to God's creation. Such as chips; chips come from potatoes, which come from the seeds that are planted in the ground and God has enabled the farmers to plant and harvest the potatoes to send to the shops for us to buy and make chips.

This activity promotes creativity and encourages the young people to think about where their food comes from, God's creation and giving thanks to God for the amazing food He has given us, while at the same time appreciating how He has made us. He put as much time creating us as He has made the earth, we are very special to God. Encourage the young people to decorate the gingerbread man as themselves and to talk about what makes them great inside and out, just as the gingerbread man looks fun but tastes sweet.

INSTRUCTIONS

1. Pass out the gingerbread biscuits and talk about where our food comes from.
2. Talk about creation and how God has created us in His own image and has amazing things planned for us.
3. Encourage the young people to decorate their biscuits to make the biscuit look like themselves.
4. When finished they can take them home or eat them together.