

GOD'S MASTERPIECE – ALL ABOUT ME

David and Goliath (1 Samuel 17)

David was a young shepherd boy who wasn't the biggest, the strongest, or the most handsome like his older brothers. But he was brave and that is what mattered the most. He stood up for his home and he challenged the giant Goliath when no one else would. The King tried his best to turn him into a soldier, but he politely declined and decided to just be himself and go just as he was. He knew God was with him and he didn't need to change. In today's world social media and others around us tell us that we need to change who we are to be happy.

God has created us exactly as we need to be. We don't need to be any different to what God has made us and we should be proud of who we are, for we are fearfully and wonderfully made (Psalm 139:14) in God's image. Like David, we just need to be ourselves.

Below you will find a set of activities that are designed with friendship in mind to run either on their own or as a full night session based on the story of David and Goliath with your group.

All the resources below can also be found on the resource area as individual activities. Please also see activities based on the good Samaritan (Friendship) and the creation story (The world around us) to get the full God's Masterpiece experience.

CAN YOU DEFEAT GOLIATH?

WHAT YOU NEED

- Plastic cup
- Goliath template
- Five ping pong balls (or similar)
- Glue or cello tape.
- Table



Anchors



10 minutes



All About Me



Game

David was a young boy whose job was to be a shepherd; through this job he learned the skills he would need that would one day lead him to defeat Goliath. God gave him these skills and no one else could do what he did. He used the talents God gave him to defeat the giant Goliath and would later become king, just as God had planned for him. God too has given us great talents and we are all different from each other and He has a plan for our lives.

This game will help remind the young people of how God used David and will also allow them to build up their communication to discuss their own special talents. They will also learn kindness through turn taking and cheering each other on.

INSTRUCTIONS

1. Prepare the game by printing out the template of Goliath and sticking it onto a cup, or a bottle (you can make the game harder by adding a little bit of water into the bottom to function as a weight) at the end of a table. Then set a boundary where the young people can throw the ping pong ball.
2. Allow the young people to take it in turns to throw a ping pong ball at Goliath and try to knock him down.
3. You can use a scoring system and draw targets onto the Goliath template, 5 on the head, 4 on the stomach, 3 on the arms and 2 on the legs, or you can score based on how many throws it would take them to knock him off the table, leaders can set their own scoring system.
4. Following the game talk with the young people about how David used his talents for the plan God had for Him, what talents we have and how we can use them for God.



Stone Painting



Anchors/Juniors



20-30 minutes



All About Me



Painting

WHAT YOU NEED

- Smooth clean stones
- White paint
- Coloured paint
- Paint brushes
- Cups of Water
- Aprons
- Plastic tarps or newspaper for tables
- A4 paper and pens

Have you ever noticed that every stone is a different shape? This is a little bit like us, we are all different and unique to God. We all have different likes, dislikes, hobbies, and talents.

In the Bible, a young boy called David used his talents as a shepherd to beat the giant Goliath using a sling and five stones. The king tried to change him into a warrior with oversized armour, but he came just as he was. This stone will remind us about David that God has given us different talents and we should be proud of them.

INSTRUCTIONS

1. Collect or buy round stones and paint them white prior to the session.
2. On the night of the activity prep the surfaces of the table and cover them in a sheet or with newspaper. Place the coloured paints into paint pots and provide cups of water to clean their brushes.
3. Encourage the young people to think about what they are good at or what is their favourite things about themselves and get them to draw it on plain A4 paper first, you could then go around the group, and they could tell each other one thing about themselves.
4. Put aprons on.
5. Paint the stones with pictures or words of things that they are good at. If they just want to make it bright and colourful this is okay too.
6. Leave them on a piece of newspaper to dry and send them home the following week.

All About Me



Anchors/Juniors



20 minutes



All About Me / Friendship



Craft

WHAT YOU NEED

- Human templates (see below)
- Colouring pens
- Pencils
- Rubbers
- Other items to decorate, i.e. googly eyes

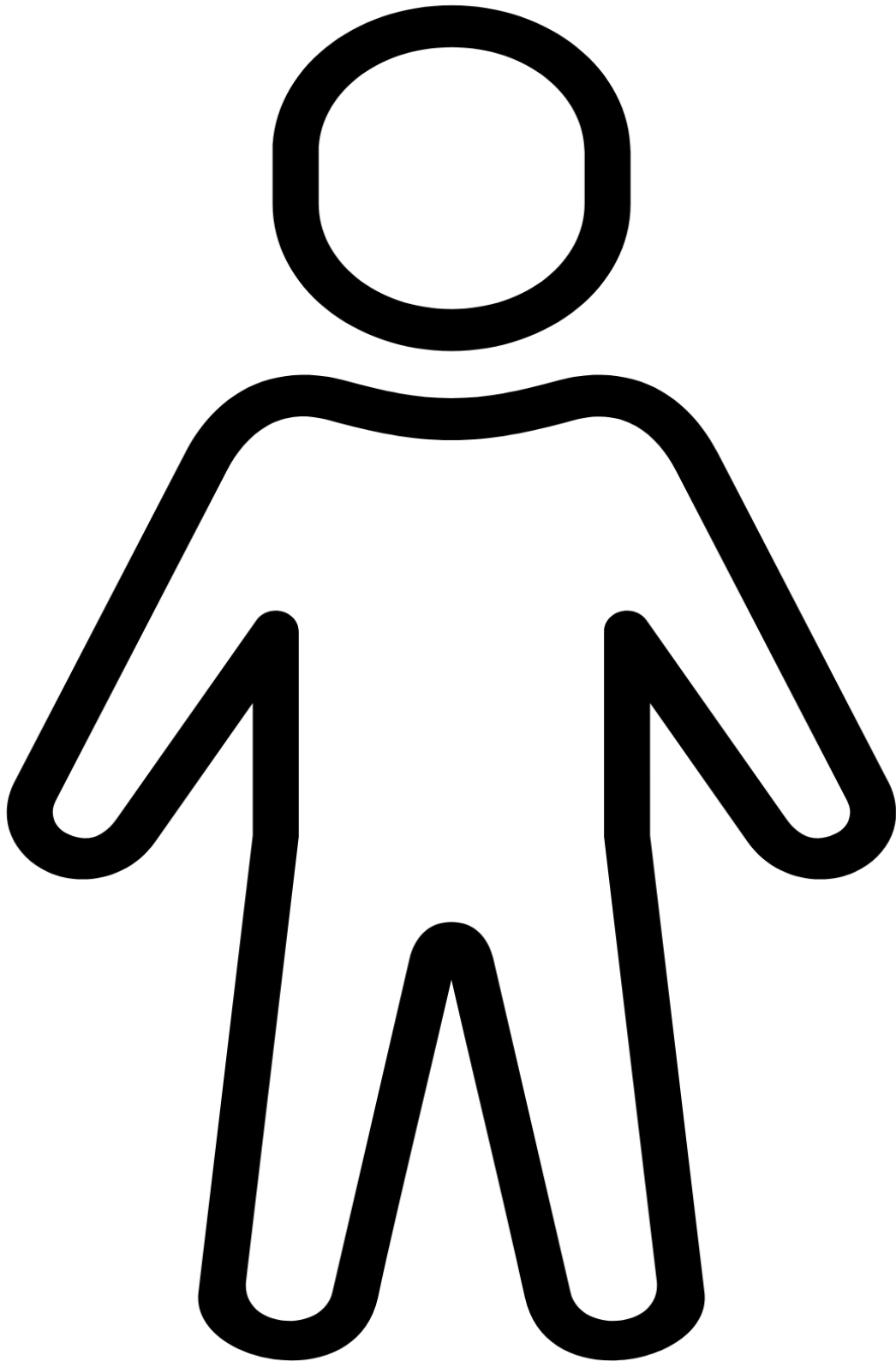
This activity will help the young people think not only about themselves, but someone else in the group promoting friendship and getting to know each other. It will encourage kind words and how we can be friendly to everyone around us, building up new friendships and having conversations about what each other likes or dislikes and commenting on how good their drawings are.

God has blessed us with different talents and skills and this activity will allow the young people to explore what they are good at and celebrate what others are good at which will help build their confidence in themselves.

INSTRUCTIONS

1. Provide each young person with the below template that is titled All About Me.
2. Tell them to decorate it as themselves and then around the picture or on the back to draw or write things that they are good at.
3. Go around the group and share one thing about themselves that they are good at.
4. Then encourage the children to pair up with someone that is not their best friend within the group.
5. Give out the other template, All About _____ and do the same activity, only this time they must decorate the template as the person they are paired with and write or draw thing that they are good at.
6. Encourage the young people to go around and share one thing about the other person that they are good at.

THIS IS ME



THIS IS _____

