

WHAT MAKES A GOOD FRIEND?



Juniors



20-30 minutes



Friendship



Activity

WHAT YOU NEED

- Large roll of paper
- Colouring pens
- Colourful paper
- Art supplies of your choice
- Scissors

In the story of the Good Samaritan, four people found a man lying on the ground who was hurt and three of them did not help him, only one of them did. This activity will encourage children to think about being kind to others, allowing conversations about what makes a good friend, how can we be kind and how we can use the various parts of our bodies to be like Jesus – kind and caring towards everyone, a friend to all.

INSTRUCTIONS

1. Roll out the large roll of paper on the ground and pick a young person to lie down and pick someone to draw around them, making a large human template.
2. Get the young people to then decorate the outline turning it into a person.
3. Talk about different ways we can be a good friend – allow a new person every time to write it down on the body part it goes along with (e.g., using kind words with our mouths, being gentle with our hands or listening ears to hear what our friends are telling us without interrupting).
4. Display the person on the wall during your sessions to remind the young people how they too can be kind and a good friend to others in the group.

Idea: Split the young people in your group into teams and make two people, then see if there are any differences in what makes a good friend from different perspectives.