

# Stone Painting



Anchors/Juniors



20-30 minutes



All About Me



Painting

## WHAT YOU NEED

- Smooth clean stones
- White paint
- Coloured paint
- Paint brushes
- Cups of Water
- Aprons
- Plastic tarps or newspaper for tables
- A4 paper and pens

Have you ever noticed that every stone is a different shape? This is a little bit like us, we are all different and unique to God. We all have different likes, dislikes, hobbies, and talents.

In the Bible, a young boy called David used his talents as a shepherd to beat the giant Goliath using a sling and five stones. The king tried to change him into a warrior with oversized armour, but he came just as he was. This stone will remind us about David that God has given us different talents and we should be proud of them.

## INSTRUCTIONS

1. Collect or buy round stones and paint them white prior to the session.
2. On the night of the activity prep the surfaces of the table and cover them in a sheet or with newspaper. Place the coloured paints into paint pots and provide cups of water to clean their brushes.
3. Encourage the young people to think about what they are good at or what is their favourite things about themselves and get them to draw it on plain A4 paper first, you could then go around the group, and they could tell each other one thing about themselves.
4. Put aprons on.
5. Paint the stones with pictures or words of things that they are good at. If they just want to make it bright and colourful this is okay too.
6. Leave them on a piece of newspaper to dry and send them home the following week.