

OPEN DOORS SOCIAL MEDIA

ADDITIONAL MATERIALS



Company/Seniors



30 – 45 minutes



The World Around Us / All About Me



Activity / Game / Discussion

WHAT YOU NEED

- Large Sheets of Card
- Markers
- Social Media Quiz (See below)

Social media is a very useful tool that we have unlimited access to every day. In fact, we carry it around in our pockets. These additional materials are to carry on from the Open Doors CRED resource (available on the BBNI Resource Area) to help young people understand that social media does not define who they are, and that Jesus loves them just the way they are. They do not need to change anything about themselves to fit in, or to be perfect just because someone else's lifestyle on a screen is trying to tell them otherwise.

This resource will help young people understand the good and bad influences of social media as well as discussing the impact that it can have on their lives and the world around them promoting conversations and interactions in groups while learning from each other.

In the Bible it says, "And God saw everything that He had made, and behold, it was very good" (Genesis 1:31 ESV) God made us just the way we are, and He is proud of who we are.

INSTRUCTIONS

Put the young people into groups and encourage them to answer the following questions and come back together to discuss your answers.

Discussion Questions:

1. Who uses social media?
2. What apps do you use and why, what is the most useful?
3. How many hours a day do you spend on social media? (Let them check this on their phone)
4. What are the positive and negative things about social media?

Social Media Quiz

Make a social media logo quiz for your group. Find logos of famous social media apps and cover up the names and see if the young people can recognise what they are. They can do this in group with the logos printed on paper or together as a group on PowerPoint.

Ideas for social media apps that you can use for your quiz

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| <ul style="list-style-type: none">• Facebook• Instagram• WhatsApp• Tumblr• Snapchat• TikTok | <ul style="list-style-type: none">• Reddit• LinkedIn• Discord• X/Twitter• Pinterest• Twitch |
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Discussion Questions

1. How can we be Godly on social media?
2. What can we start to do on our social media platforms to reflect God's love for ourselves and others?

We can follow Christian pages that share verses and devotions. We can unfollow pages that promote toxic behaviour and we can monitor how we talk to others online. Be our genuine selves without distorting the truth because we have been made in God's image and He loves us for who we are, not the person we sometimes try to make ourselves be.