

HAND OUTLINE

PRAYER

Prayer is when we talk to God

We can do this silently or we can be very loud when we pray

We can pray by singing, whispering or talking normally

Prayer can be done on your own or with a group of people

Needed

- Paper
- Colouring pencils or paint

1. Get each child to draw the outline of their hand or put paint on hand then put hand print on page.
2. On each finger/thumb get them to write/draw the following:

- Thumb – pray for family & friends
- Pointer Finger – pray for teachers, BB leaders and other people who give direction in their life
- Middle Finger – pray for those in leadership in the church and in government
- Ring Finger – pray for those who are sick, suffering or suffering because of something that is out of their control (e.g. climate change, social injustice etc)
- Small Finger – pray for themselves and say sorry to God