

# Company Senior Squad Games

## The Crystal Maze

For those of you that remember the Crystal Maze on the television this will need no introduction. But for those of you who don't know what it is, the Crystal Maze was a television show where contestants completed challenges to collect crystals in the hope of winning the grand prize at the end. This challenge is to have your young people in their squads complete challenges around the Crystal Maze. The Crystal Maze separates their challenges into four categories:

- Physical
- Mental
- Skill
- Mystery

Give each leader a challenge to host in the Crystal Maze. The squads will rotate around the different sections of the maze taking on the challenges simultaneously, winning points for their efforts and adding them all together at the end to see which squad has won the Crystal Maze.

You can decorate the halls to match the theme and make it immersive and keep and running tally of points in the hall to encourage healthy competition or keep the points a secret until the end – it is completely up to you.

See below for challenge ideas for each category, or you can use your own!

### PHYSICAL

- How many skips can you do in 60 seconds?
- Bring Sally Up squat (or push up) challenge (Bring Sally Up on spotify/youtube).
- Hula Hooping.
- Basketball free throws.
- Shake it out! (Ping pong balls in a tissue box tied around their waist).
- Spiders web game (Make a spiders web using string between 2 trees or objects and the team have to get through it without touching the string).

### MENTAL

- Riddles.
- Quiz.
- Guess the song in a second / Beat the intro.
- Kim's Game (a tray of objects they get to see, then it's covered and they have to remember what was there).

- Pairs (turn cards face down on a table, and you need to match them up).
- Minefield (Lay out a six by six grid on the floor, and determine a path that only the leader will know. The young people in the squad will wait outside the room, and go one at a time to try and cross the minefield without setting off the bombs, if they do they go back out the door to wait with their team and send the next person in to try. Communication is key.)

## SKILL

- Building a house of cards.
- Bottle flip, how many can the young people flip in 60 seconds.
- The polo mint game (Give each young person a straw and they put the end of them in their mouth, the person at the start of the line puts a polo onto their straw and they have to pass the polo mint all the way down the line. How quickly can they go?)
- Cup stacking (How quickly can they build the cups up into towers and back down again?)
- Tangram challenge (put the members of the squad into pairs and sit them back to back, one gets the design of my tangram and the other gets the precut pieces of coloured shapes, now they have to communicate quickly to see how fast all the pairs can complete it).
- Sit back to back in pairs and link arms and try to stand up, which squad can get up the quickest.

## MYSTERY

- What's in the box? (a covered-up box with a hole in the side for them to feel into to guess the object).
- What's the real brand and what's the knock off? (pre-pour into small plastic cups, the same amount of proper coca cola, and an off-brand cola. The same with crisps, a well known brand and a supermarket knock off. The teams must guess which is the real brand and which is the knock off).
- Blindfolded drawing challenge.
- Protect the egg – using the items around you create a safe hammock for your egg and then it will be dropped from varying heights to see if it will break.
- Don't let the balloons touch the ground (start easy with one or two balloons and then start adding more until one hits the floor).
- Runny nose (how quick can they remove all of the tissues out of a tissue box?)