

Build a bridge



Juniors/Company/Seniors



15 - 30 minutes



Friendship



Activity

WHAT YOU NEED

- Newspaper
- Sellotape
- Scissors
- Chairs
- Items of differing weights

This activity requires teamwork and communication to complete it successfully, without both the bridge will fail. This will be a great way to bring young people out of their comfort zone with each other and get to know each other building new friendships. It is a competitive activity which will encourage working together, listening, trusting, thinking outside the box and explaining ideas clearly to successfully build a sturdy bridge. Feel free to give the teams limited materials to allow for outside of the box thinking, this activity can get competitive and feel free to allow the teams to space out and have their own areas to work in, as the groups can travel around the bridges when they are getting weight checked.

INSTRUCTIONS

1. Put the young people into teams and give them out their materials. You can limit how much tape they get if you want it to be a harder challenge.
2. Tell the young people what their task is: to build a bridge between two chairs that will withstand a heavy weight and give them a time limit.
3. Allow the young people to build their bridge and at the end of the time ask them to put their equipment down and stand back from the bridges.
4. Test the bridges with the weights, seeing which one is strongest.
5. The last one standing wins.