

THE BIBLE



Company/Seniors Leaders' Resource Guide

This resource has been created in partnership with The Northern Ireland Boys' Brigade (BBNI) and Scripture Union (SUNI). In SUNI and BBNI, we want to share God's Good News and Advance Christ's Kingdom with children, young people and families.

This resource is designed to help you lead a session about the Bible with Company and Seniors. This resource encourages young people to understand what the Bible is, why it's so important and how to engage with it.

This session is 40 minutes long, however if you have more time there is an additional activity in the box if you want to extend the session.

For this session you will need:

- Bible
- Pens
- Post-it's
- Ball
- Dice
- Projector & Audio (for the video)
- A leader and a young person to be ready to share in 2 minutes what the Bible means to them.

Tip: If some of the young people don't have a Bible, the Church or BB may think about providing one.

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Introduction (1 min)

Take time to explain to the young people that over the next 40 minutes you'll be exploring the Bible, what the Bible is, why it's important and how we can use it today as we follow Jesus.

Game: Shout it out! (5 mins)

- Ask the young people to make a circle.
- Using the list below pick a topic.
- Explain to the young people that you're going to throw a ball around the circle, when you catch the ball they have to shout out an answer e.g. If the topic was action movie they might shout out, "Avengers!"
- You can't shout out the same answer twice.
- If someone has run out of answers they have to sit down until the next round.
- The last person standing wins that round!
- Make sure that "favourite book" is the last round and explain to the young people that we're going to be finding out about your favourite book, the Bible.

Topics:

- Action movies
- Chocolate bars
- Football teams
- Favourite book

Quick question! (3 mins)

- Gather the group around the screen, ready to watch the video. (You might want them to have a notebook out to take notes if they want to).
- Ask them to shout out their answers to the questions below. (Emphasise that answers shouldn't require too much thought and should be one word long).

What is your favourite game?

What's your favourite sweet?

What's the first thing that comes to your mind when you think of the weekend?

What's the first thing that comes to your mind when you think of BB?

What do you think of when you hear the word Bible?

The Bible: Video (12 mins)

- Explain that today we're exploring what the Bible is, why it's so important and how we can use it today.
- You might want to recognise that some young people might never have read the Bible and they'll learn about it today whereas for others it might be a reminder of how amazing the Bible truly is.
- Play the video, inviting the young people to take notes and listen carefully.
- You might want to hand out some snacks/drinks to the young people during this time.

Respond: Share your story (15 mins)

- Ask two young people to share what the Bible means to them. (They each have 2 minutes. Could be a leader and a young person).
- Hand out each young person a post-it note and a pen.
- Ask the young people to write out a question for either of the two people on a post-it whilst they talk.

- Once the talks are over invite the young people to stick their post-it question on the back of either person. (You might want to double check these questions as they're stuck on.)
- The two people who have shared take it in turns to pick a post-it question to answer.
- Finish by thanking the two speakers and by praying for them.

Respond: Small groups (5 mins)

- Depending on the size of your group, divide them into small groups of no more than 10.
- In small groups roll a dice, depending on what number you land on answer the questions below.
- At the end of the small group discussion encourage your group to try out a Bible study e.g. using YouVersion Bible app on their phones, joining a small group in their church or joining their school SU group.
- Pray to finish the session in your small groups.

1: Is there anything that surprises or encourages you about the Bible?

2: What does the Bible mean to you?

3: Have you ever read the Bible? If so, how did you find it?

4: What's one thing you're taking away about reading the Bible today?

5: Who can you read the Bible with?

6: What tools can you use to read the Bible?

Respond: Give it a go! (10 mins)

- Split the groups into pairs or in small groups (it would be good if there was a mix of older members with younger ones).
- Using either a Bible or a print out ask them to choose one of the passages below.
 - **Mark 8:27-37**
 - **John 15:1-5**
 - **Matthew 6:5-15**
 - **Romans 11:33-12:2**
- Ask the pairs or pick two people to read the passage out loud together and then on their own and discuss the questions below in pairs or as a group:
 - **What is it saying?**
 - **What stands out?**
 - **How can we live it out?**
- Walk around the pairs or small groups, making sure young people are engaging in the Bible.
- Finish by recommending some Bible reading plans e.g. using YouVersion Bible app on their phones. Invite them to join a small group or youth group in their local church or join their school SU group.
- Pray with your young people.

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www.suni.co.uk
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